

## **Standards of Confirmation**

*Confirmands will know the following prior to confirmation:*

1. The Ten Commandments will be memorized and understood. They will know the summary of the Law and the Two Great Commandments.
2. The Lord's Prayer will be memorized and understood. They will know what the prayer means and be able to explain why it is important. They will also know the importance of prayer.
3. The Apostle's Creed will be memorized and understood. They will be able to explain why it is important and what it tells us about our faith.
4. They will know what the Baptismal Covenant means.
5. They will have memorized John 3:16 and be able to explain its meaning.
6. They will be familiar with the Books of the Bible and at a minimum be able to recite the names of the Gospels.
7. They will be able to explain the difference between the Old Covenant and the "New Covenant."
8. They will be able to name the seven sacraments and fully explain the two "Great Sacraments."
9. They will be instructed in the appropriate way to receive Holy Communion.
10. They will be familiar with Alaska Episcopal Church history and at a minimum know the history of their church.
11. They will know what it means to be a disciple and explain how they intend to live into discipleship.
12. They will complete the Confirmation Activities: 1) Practice "Christian charity" by doing a small project that can be done individually or collectively. For example, they could visit the elderly and perform a "good deed" for them. 2) They will write a short prayer that gives thanks for the blessing of life. 3) They will compose a letter to the Bishop stating why they want to be confirmed.