The 47th Annual Convention of the Episcopal Diocese of Alaska

Convention Worship Services

The Rt. Rev. Mark Lattime



Bringing our Weariness and Burdens to Jesus

Matthew 11:29-30

September 29-October 1, 2022 Sheraton Anchorage Hotel

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Online Offering can be done using this QR Code



Opening Eucharist The Word of God

CelebrantBlessed be God: Father, Son, and Holy Spirit.PeopleAnd blessed be his kingdom, now and for ever.Amen.

The Celebrant says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen*.

Celebrant and people say

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. *Amen.*

The Collect of the Day

The Celebrant says to the people

PeopleThe Lord be with you.PeopleAnd also with you.CelebrantLet us pray.

Almighty and everlasting Father, you have given the Holy Spirit to abide with us for ever: Bless, we pray, with the Holy Spirit's grace and presence, all of your servants assembled here in your Name for the 47th Convention of the Diocese of Alaska, that your Church, being preserved in true faith and godly discipline, may fulfill all the mind of him who loved it and gave himself for it, your Son Jesus Christ our Savior; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

People Amen

The Lessons

After each Reading, the Reader may say

The Word of the Lord. People Thanks be to God.

2 Kings 5:1-14

Now Naaman was commander of the army of the king of Aram. He was a great man in the sight of his master and highly regarded, because through him the Lord had given victory to Aram. He was a valiant soldier, but he had leprosy.

Now bands of raiders from Aram had gone out and had taken captive a young girl from Israel, and she served Naaman's wife. She said to her mistress, "If only my master would see the prophet who is in Samaria! He would cure him of his leprosy."

Naaman went to his master and told him what the girl from Israel had said. "By all means, go," the king of Aram replied. "I will send a letter to the king of Israel." So Naaman left, taking with him ten talents of silver, six thousand shekels of gold and ten sets of clothing. The letter that he took to the king of Israel read: "With this letter I am sending my servant Naaman to you so that you may cure him of his leprosy."

As soon as the king of Israel read the letter, he tore his robes and said, "Am I God? Can I kill and bring back to life? Why does this fellow send someone to me to be cured of his leprosy? See how he is trying to pick a quarrel with me!"

When Elisha the man of God heard that the king of Israel had torn his robes, he sent him this message: "Why have you torn your robes? Have the man come to me and he will know that there is a prophet in Israel." So Naaman went with his horses and chariots and stopped at the door of Elisha's house. Elisha sent a messenger to say to him, "Go, wash yourself seven times in the Jordan, and your flesh will be restored and you will be cleansed."

But Naaman went away angry and said, "I thought that he would surely come out to me and stand and call on the name of the Lord his God, wave his hand over the spot and cure me of my leprosy. Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Couldn't I wash in them and be cleansed?" So he turned and went off in a rage.

Naaman's servants went to him and said, "My father, if the prophet had told you to do some great thing, would you not have done it? How much more, then, when he tells you, 'Wash and be cleansed'!" So he went down and dipped himself in the Jordan seven times, as the man of God had told him, and his flesh was restored and became clean like that of a young boy.

Psalm 121

1	I lift up my eyes to the hills; * from where is my help to come?
2	My help comes form the LORD; * the maker of heaven and earth.
3	He will not let your foot be moved * and he who watches over you will not fall asleep.
4	Behold, he who keeps watch over Israel; * shall neither slumber nor sleep;
5	The LORD himself watches over you; * the LORD is your shade at your right hand.
6	So that the sun shall not strike you by day, * nor the moon by night.
7	The LORD shall preserve you from all evil; * it is he who shall keep you safe.
8	The LORD shall watch over your going out and your coming in;* from this time forth for evermore.
Then, al	ll standing, the Deacon reads the Gospel, first saying
	The Holy Gospel of Our Lord Jesus Christ according to Mark

The Holy Gospel of Our Lord Jesus Christ according to MarkPeopleGlory to you, Lord Christ.

Mark 10: 46-52

Then they came to Jericho. As Jesus and his disciples, together with a large crowd, were leaving the city, a blind man, Bartimaeus (which means "son of Timaeus"), was sitting by the roadside begging. When he heard that it was Jesus of Nazareth, he began to shout, "Jesus, Son of David, have mercy on me!"

Many rebuked him and told him to be quiet, but he shouted all the more, "Son of David, have mercy on me!" Jesus stepped and said "Call him "

Jesus stopped and said, "Call him."

So they called to the blind man, "Cheer up! On your feet! He's calling you." Throwing his cloak aside, he jumped to his feet and came to Jesus.

"What do you want me to do for you?" Jesus asked him. The blind man said, "Rabbi, I want to see."

"Go," said Jesus, "your faith has healed you." Immediately he received his sight and followed Jesus along the road.

Celebrant	The Gospel of the Lord.
People	Praise to you, Lord Christ.

The Sermon: The Rt. Rev. Mark Lattime

The Renewal of Baptismal Vows

Celebrant People	Do you reaffirm your renunciation of evil and renew your commitment to Jesus Christ? I do.
Celebrant People	Do you believe in God the Father? I believe in God, the Father almighty, creator of heaven and earth.
Celebrant People	Do you believe in Jesus Christ, the Son of God? I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.
Celebrant People	Do you believe in God the Holy Spirit? I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.
Celebrant	Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?
People	I will, with God's help.
Celebrant	Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?
People	I will, with God's help.
Celebrant	Will you proclaim by word and example the Good News of God in Christ?

People	I will, with God's help.
Celebrant	Will you seek and serve Christ in all persons, loving
People	your neighbor as yourself? I will, with God's help.
Celebrant	Will you strive for justice and peace among all people, and respect the dignity of every human being?
People	I will, with God's help.

The Celebrant concludes the Renewal of Vows as follows

May Almighty God, the Father of our Lord Jesus Christ, who has given us a new birth by water and the Holy Spirit, and bestowed upon us the forgiveness of sins, keep us in eternal life by his grace, in Christ Jesus our Lord. *Amen*.

The Blessing of Holy Water

The Bishop now blesses water to be used as we remember our baptism

Jesus cried out, 'Let anyone who is thirsty come to me, and let the one who believes in me drink. As the scripture has said, "Out of the believer's heart shall flow rivers of living water.'

John 7:37-38

The blessing of this water reminds us of Christ, the living water, and of the sacrament of baptism, in which we were born of water and the Holy Spirit. Whenever, therefore, we are sprinkled with this holy water or use it in blessing ourselves, we thank God for the priceless gift of our new life in Christ Jesus and the grace of his presence in our life through the power of the Holy Spirit.

BishopChrist be with youPeopleAnd also with you.

O Triune God creator of all things, we thank you for the water of Baptism. In it we are buried with Christ in his death. By it we share in his resurrection. Through it we are reborn by the Holy Spirit. Sanctify this water, we pray you, by the power of your Holy Spirit, that it may be for us living water that reminds us of the priceless gift of life, hope, and salvation that is ours through faith in Jesus Christ our Lord. *Amen.*

The bowl of Holy Water will remain in our midst for the duration of Convention. All are welcome to use the water for personal blessing.

The Peace

The Celebrant says

PeopleThe peace of the Lord be always with you.And also with you.

The Peace is shared remembering and honoring personal space and concern for the public health.

The Holy Communion

The Offertory

Online Offering



The Celebrant says the Offertory sentence

The Great Thanksgiving

The people stand. The Celebrant says

	The Lord be with you.
People	And also with you.
Celebrant	Lift up your hearts.
People	We lift them to the Lord.
Celebrant	Let us give thanks to the Lord our God.
People	It is right to give him thanks and praise.

Celebrant

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Holy, Holy, Holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, For ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Alleluia! Christ our Passover is sacrificed for us; *Therefore let us keep the feast. Alleluia*!

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Sacrament will be delivered at two stations, Communicants forming a single line at each station. If you wish to receive the Sacrament in both kinds (Bread and Cup) extend both hands when receiving. The minister will intinct the Bread in the Cup and deliver the Sacrament into your hands. If you wish to receive the Sacrament in one kind (Bread only) extend one hand to receive and the Bread will be delivered into your hand. If you wish to abstain from the Bread and Cup but desire a blessing, cross your arms over your chest and a blessing prayer will be offered for you.

After Communion, the Celebrant says

Let us pray;

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. A*men*.

The Bishop blesses the people. After the blessing, the Deacon dismisses the people with these words

People Let us go forth into the world, rejoicing in the power of the Spirit. Thanks be to God.

Morning Prayer Noonday, and Compline

Morning Prayer

OfficiantLord, open our lips.PeopleAnd our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Except in Lent, add Alleluia

Then follows the Invitatory Psalm said together

Jubilate Psalm 100

Be joyful in the Lord, all you lands; * serve the Lord with gladness and come before his presence with a song.

Know this: The Lord himself is God; * he himself has made us, and we are his; we are his people and the sheep of his pasture.

Enter his gates with thanksgiving; go into his courts with praise; * give thanks to him and call upon his Name.

For the Lord is good; his mercy is everlasting; * and his faithfulness endures from age to age.

The Lesson

The lesson appointed is read, the Reader first saying

A Reading from (see Scripture Insert).

After the Lesson the Reader may say

The Word of the Lord. *People* Thanks be to God.

After the Reading the Canticle appointed for the day is said

Canticle (See Scripture Insert)

Scripture Insert Lessons and Canticles for Morning Prayer

Friday 9/30

The Lesson: Matthew 11:28-30

Jesus said: Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

The Canticle: The First Song of Isaiah

Surely, it is God who saves me; *

I will trust in him and not be afraid.

For the Lord is my stronghold and my sure defense, *

and he will be my Savior.

Therefore you shall draw water with rejoicing *

from the springs of salvation.

And on that day you shall say, *

Give thanks to the Lord and call upon his Name;

Make his deeds known among the peoples; *

see that they remember that his Name is exalted.

Sing the praises of the Lord, for he has done great things, *

and this is known in all the world.

Cry aloud, inhabitants of Zion, ring out your joy, *

for the great one in the midst of you is the Holy One of Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

Saturday 10/1

The Lesson: Luke 6:27-35

"But I say to you who are listening: Love your enemies; do good to those who hate you; bless those who curse you; pray for those who mistreat you. If anyone strikes you on the cheek, offer the other also, and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who asks of you, and if anyone takes away what is yours, do not ask for it back again. Do to others as you would have them do to you.

"If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you expect to receive payment, what credit is that to you? Even sinners lend to sinners, to receive as much again. Instead, love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High, for he himself is kind to the ungrateful and the wicked.

Isaiah 35:1-7,10

The Canticle: A Song of the Wilderness

The wilderness and the dry land shall be glad, * the desert shall rejoice and blossom; It shall blossom abundantly, * and rejoice with joy and singing. They shall see the glory of the Lord, * the majesty of our God. Strengthen the weary hands, * and make firm the feeble knees. Say to the anxious, "Be strong, do not fear! * Here is your God, coming with judgment to save you." Then shall the eyes of the blind be opened, * and the ears of the deaf be unstopped. Then shall the lame leap like a deer, * and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness * and streams in the desert: The burning sand shall become a pool * and the thirsty ground, springs of water. The ransomed of God shall return with singing, * with everlasting joy upon their heads. Joy and gladness shall be theirs, * and sorrow and sighing shall flee away. Glory to Holy undivided Trinity, One God, as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

Officiant and People together, all standing

I believe in God, the Father almighty, creator of heaven and earth; I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate. was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins the resurrection of the body, and the life everlasting. Amen.

The Prayers

The People remain standing

Officiant	The Lord be with you.
People	And also with you.
Officiant	Let us pray.

Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Suffrages (Enriching Our Worship)

- V. Help us, O God our Savior;
- R. Deliver us and forgive us our sins.
- V. Look upon your congregation;
- R. Give to your people the blessing of peace.
- V. Declare your glory among the nations;
- R. And your wonders among all peoples.
- V. Do not let the oppressed be shamed and turned away;
- R. Never forget the lives of your poor.
- V. Continue your loving-kindness to those who know you;
- R. And your favor to those who are true of heart.
- V. Satisfy us by your loving-kindness in the morning;
- R. So shall we rejoice and be glad all the days of our life.

The Officiant then says the following Collects

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. *Amen*.

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, and especially for the Diocese of Alaska and this Convention, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen*.

Intercessions and thanksgivings are offered silently or aloud, and as led by the Convention Prayer Committee. After these prayers, an Officiant leads the congregation in saying the following Collect.

Closing Collect

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray you, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. Amen.

Then is said

	Let us bless the Lord.
People	Thanks be to God.

The Officiant concludes with the following

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen. *Ephesians 3:20,21*

Order of Service for Noonday

Officiant	O God, make speed to save us.
People	O Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

The following Psalms are said as assigned for the day.

For Friday:

Psalm 121 Levavi oculos

- I lift up my eyes to the hills; * from where is my help to come?
- My help comes from the LORD, * the maker of heaven and earth.
- He will not let your foot be moved * and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel * shall neither slumber nor sleep;

- The LORD himself watches over you; * the LORD is your shade at your right hand,
- So that the sun shall not strike you by day, * nor the moon by night.
- The LORD shall preserve you from all evil; * it is he who shall keep you safe.
- The LORD shall watch over your going out and your coming in, * from this time forth for evermore.

For Friday:

Jesus came down [the mountain] with the twelve and stood on a level place with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases, and those who were troubled with unclean spirits were cured. And everyone in the crowd was trying to touch him, for power came out from him and healed all of them. Then he looked up at his disciples and said: "Blessed are you who are poor, for yours is the kingdom of God. "Blessed are you who are hungry now, for you will be filled. "Blessed are you who weep now, for you will laugh. *Luke 6:17-21*

People Thanks be to God.

For Saturday: Psalm 23 Dominus regit me

The LORD is my shepherd; * I shall not want.

He maketh me to lie down in green pastures; * he leadeth me beside the still waters.

He restoreth my soul; * he leadeth me in the paths of righteousness for his Name's sake.

Yea, though I walk through the valley of the shadow of death, I will fear no evil; * for thou art with me; thy rod and thy staff, they comfort me.

Thou preparest a table before me in the presence of mine enemies; * thou anointest my head with oil; my cup runneth over.

Surely goodness and mercy shall follow me all the days of my life, * and I will dwell in the house of the LORD for ever.

At the end of the Psalm is said

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

For Saturday:

[Jesus said] be merciful, just as your Father is merciful. "Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap, for the measure you give will be the measure you get back." *Luke 6: 36-37*

People Thanks be to God.

The Prayers

The Officiant then begins the Prayers

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. *

Officiant	Lord, hear our prayer;
People	And let our cry come to you.
Officiant	Let us pray.

The Officiant then says the following Collect.

Heavenly Father, send your Holy Spirit into our hearts, to direct and rule us according to your will, to comfort us in all our afflictions, to defend us from all error, and to lead us into all truth; through Jesus Christ our Lord. *Amen*.

Free intercessions are offered silently or aloud and as led by the Prayer Committee

The service concludes with a Blessing for the Food we are to share at lunch.

Give us grateful hearts, O God, for all your mercies, for the manifold ways you nourish us in body and spirit, for this good earth and the riches of its produce, for the food and fellowship we are about to share, and make us always mindful of the needs of others; through Jesus Christ our Lord. *Amen*.

OfficiantLet us bless the Lord.PeopleThanks be to God.

* The concluding doxology ("For thine is the kingdom and the power, and the glory, for ever and ever. Amen") is omitted in our Prayer Book liturgies for Noonday and Compline. This follows the practice found in the 1662 Book of Common Prayer (BCP) where the doxology is omitted when the Lord's Prayer is preceded by the Kyrie eleison (Lord have mercy. Christ have mercy. Lord have mercy). The addition of the doxology to the Lord's Prayer, and its use in the liturgies of the Church, has a long history and has been a source of some debate about scriptural sources and manuscripts. The doxology does not appear in all ancient manuscripts of the Scriptures; and it is possible, some would say highly probable, that Jesus did not include these words in the prayer he taught his disciples. The doxology does not appear in the parallel text in the Gospel of Luke.

The use of the doxology with the Lord's Prayer, however, remains a well-established tradition and practice of our church. Many who are unfamiliar with the liturgies of Noonday and Compline find it awkward when the doxology is omitted in the Lord's Prayer.

An Order for Compline

The Officiant begins

The Lord Almighty grant us a peaceful night and a perfect end. Amen.

OfficiantOur help is in the Name of the Lord;PeopleThe maker of heaven and earth.

The Officiant may then say

Let us confess our sins to God.

Silence may be kept.

Officiant and People

Almighty God, our heavenly Father: We have sinned against you, through our own fault, in thought, and word, and deed, and in what we have left undone. For the sake of your Son our Lord Jesus Christ, forgive us all our offenses; and grant that we may serve you in newness of life, to the glory of your Name. Amen.

Officiant

May the Almighty God grant us forgiveness of all our sins, and the grace and comfort of the Holy Spirit. *Amen*.

The Officiant then says

O God, make speed to save us.PeopleO Lord, make haste to help us.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen. Alleluia.

The following Psalm is said

Psalm 31 In te, Domine, speravi

In you, O LORD, have I taken refuge; let me never be put to shame: * deliver me in your righteousness.

Incline your ear to me; * make haste to deliver me.

Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; * for the sake of your Name, lead me and guide me.

Take me out of the net that they have secretly set for me, * for you are my tower of strength.

Into your hands I commend my spirit, * for you have redeemed me, O LORD, O God of truth.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

The following passage of Scripture is then read

Come to me, all who labor and are heavy-laden, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. Matthew 11:28-30

People Thanks be to God.

Then follows

- V. Into your hands, O Lord, I commend my spirit;
- R. For you have redeemed me, O Lord, O God of truth.
- V. Keep us, O Lord, as the apple of your eye;
- R. Hide us under the shadow of your wings.

Lord, have mercy. *Christ, have mercy*. Lord, have mercy.

Officiant and People

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil.*

Officiant	Lord, hear our prayer;
People	And let our cry come to you.
Officiant	Let us pray.

The Officiant then says the following Collects

Be our light in the darkness, O Lord, and in your great mercy defend us from all perils and dangers of this night; for the love of your only Son, our Savior Jesus Christ. Amen.

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love's sake. *Amen*.

Intercessions and thanksgivings may be offered silently or aloud, and as led by the Prayer Committee.

The service concludes with the Song of Simeon with this Antiphon, said by all

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

Lord, you now have set your servant free * to go in peace as you have promised;

For these eyes of mine have seen the Savior, * whom you have prepared for all the world to see:

A Light to enlighten the nations, * and the glory of your people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

All repeat the Antiphon

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.

OfficiantLet us bless the Lord.PeopleThanks be to God.

The Officiant concludes

The almighty and merciful Lord, Father, Son, and Holy Spirit, bless us and keep us. *Amen*.

A note about silence: There is a long-standing custom in many religious communities of recognizing a "Great Silence" from the conclusion of Compline until the first worship service (Office) the next day. Silence can be an essential practice for deepening one's relationship with God. Silence can also be a refreshing context for fellowship—sharing space and activities without sharing words. While we are NOT recognizing a Great Silence at Convention, please be mindful that there may be individuals who do, or would like to, practice silence following Compline. Do not take offense if a delegate simply nods or smiles in response to you or chooses not to participate in other social activities.

"Bringing Our Weariness and Burdens to Jesus"

A Service of Healing

Liturgy of the Word

Celebrant	Grace and peace be with you, from God our Father and the
	Lord Jesus Christ.
People	And also with you.

Celebrant Let us pray.

O God of peace, you have taught us that in returning and rest we shall be saved, in quietness and confidence shall be our strength: By the might of your Spirit lift us, we pray, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

First Reading

All sit.

A lesson from Lamentations

I have forgotten what happiness is; so I say, "Gone is my glory and all that I had hoped for from the Lord." The thought of my affliction and my homelessness is wormwood and gall! My soul continually thinks of it and is bowed down within me. But this I call to mind, and therefore I have hope: The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in him." *Lamentations 3:17b-24*

The word of the Lord *Thanks be to God*

Psalm 13

Remain seated.

- 1 How long, O Lord? will you forget me for ever? * how long will you hide your face from me?
- 2 How long shall I have perplexity in my mind, and grief in my heart, day after day? * how long shall my enemy triumph over me?
- 3 Look upon me and answer me, O Lord my God; * give light to my eyes, lest I sleep in death;
- 4 Lest my enemy say, "I have prevailed over him," * and my foes rejoice that I have fallen.
- 5 But I put my trust in your mercy; * my heart is joyful because of your saving help.
- 6 I will sing to the Lord, for he has dealt with me richly; * I will praise the Name of the Lord Most High.

Second Reading

Remain seated.

A lesson from the Gospel of Matthew

Jesus said: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Word of the Lord *Thanks be to God*

A period of silent reflection on our readings will follow the gospel reading. The Celebrant will conclude the silence by introducing the Litany of Healing and the liturgy of Offering Our Burdens and Prayers to Jesus.

Litany of Healing

The Celebrant introduces the Litany with this bidding

Let us name before God our prayers for Healing.

All stand. A period of silence is kept for the People to name their prayer concerns or burdens aloud or silently. The Prayer Committee adds any additional prayers A Person appointed then leads the Litany, the People responding.

God the Father, your will for all people is health and salvation; *We praise you and thank you, O Lord.*

God the Son, you came that we might have life, and might have it more abundantly; *We praise you and thank you, O Lord.*

God the Holy Spirit, you make our bodies the temple of your presence; *We praise you and thank you, O Lord.*

Holy Trinity, one God, in you we live and move and have our being; *We praise you and thank you, O Lord.*

Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;

Hear us, O Lord of life.

Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence; *Hear us, O Lord of life.*

Give your Grace to all who are spiritually exhausted and restore those in emotional distress to soundness of mind and serenity of spirit; *Hear us, O Lord of life.*

Restore to wholeness hearts and spirits that have been wounded or broken from the isolation of quarantine and social distancing; *Hear us, O Lord of life.*

Bless physicians, nurses, and all health care workers who minister to the suffering and who faithfully tend the public health of our communities; *Hear us, O Lord of life.*

Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved; *Hear us, O Lord of life.*

Grant your peace and a living hope to those who, because of the pandemic, were unable to be present with loved ones at the time of their death or present to celebrate their life through public worship.

Hear us, O Lord of life.

Bless all congregations, vestries, clergy, lay leaders, licensed ministers and all who have faithfully served the church through the changes and challenges of the pandemic *Hear us, O Lord of life*

Help us, Lord Christ, who are weary and carrying heavy burdens to set our hope on you. *In you we shall never hope in vain*

Blessed Jesus, your Holy Name is medicine for healing; *Take our burdens, we humbly beseech you, O Lord.*

Jesus, child of Mary, you healed all who came to you in faith; *Take our burdens, we humbly beseech you, O Lord.*

Jesus, eternal Christ, your promised Spirit renews our hearts and minds; *Take our burdens, heal us, and make us whole in you.*

The Celebrant concludes the Litany with the following Collect.

O God of peace, who has taught us that in returning and rest we shall be saved, in quietness and in confidence shall be our strength: By the might of your Spirit lift us, we pray you, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord. *Amen*.

Liturgy of Offering Our Burdens to Jesus and Anointing for Healing

The service continues with the blessing of oil for anointing, the bishop says

Blessed are you, O God, source of life and health. In Jesus you became flesh and came to know the depth of human suffering. You offered to take our burdens and refresh our broken bodies and spirits so that in you we might be made whole. Sanctify this oil that all who are anointed with it may be healed, strengthened, and renewed, by the power of your Holy Spirit. *Amen.*

The Bishop then say

By the water of Baptism and the power of the Holy Spirit we are adopted by grace and made members of Christ's Body. Through the waters of Baptism we are buried with Christ in his death and share in his resurrection. In the waters of Baptism we are reborn by the Holy Spirit and made new.

Therefore, in the hope and promises that are ours through Baptism, let us bring before Jesus our burdens and our prayers asking him to refresh us and His Church; in this water may we leave our burdens and be renewed by the healing yoke of Jesus, who said "come unto me all you who are carrying heavy burdens and I will refresh you."

All are welcome to come forward to place their written "burden" or prayer concern into the basin of water and to receive anointing for healing.

The Lord's Prayer

All join in saying the Lord's Prayer the celebrant first saying

Let us pray in the words Jesus taught his disciples,

Our Father, who art in heaven, hallowed be thy Name, thy Kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine in the kingdom, and the power, and the glory, for ever and ever. Amen.

The Peace

All stand.

CelebrantThe peace of the Lord be always with you.PeopleAnd also with you.

The Service concludes with the Blessing and Dismissal the Bishop saying,

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated to you; and then use us, we pray, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. *Amen*.

The Celebrant pronounces this blessing

May God the Father bless you, God the Son heal you, God the Holy Spirit give you strength. May God the holy and undivided Trinity guard your body, save your soul, and bring you safely to his heavenly country; where he lives and reigns for ever and ever. *Amen*.

A Deacon, or the Celebrant, dismisses the people.

DeaconLet us go forth into the world, rejoicing in the power of the Spirit.PeopleThanks be to God.

NOTES:



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